

Iechyd Meddwl mewn Colegau

Mental Health Matters

19/02/19

Enw / Name	Sefydliad / Organisation	Llofnod / Signature
Alyson Nicholson	Jisc	
Andrew Cornish	Coleg Sir Gâr	
Bethan Stacey	CGA / EWC	
Bethan Tudball	People Plus	
Carrie Gwyther	Capital Law	
Cath Hicks	Addysg Oedolion Cymru / Adult Learning Wales	
Chris Deacy	Prifysgol Metropolitan Caerdydd / Cardiff Met	
Chris Duffy	Coleg Caerdydd a'r Fro / Cardiff and Vale College	
Chris Jones	AaGIC / HEIW	
Claire Leakey	Coleg Penybont / Bridgend College	
Claire O'Shea	Campaign to end loneliness	
Craig Lawton	Cynulliad Cenedlaethol Cymru / National Assembly for Wales	
David Brookes	Coleg y Cymoedd	
David Jones	Coleg Cambria	
Dr Jean Christensen	Royal College of Nursing	
Gareth Williams	CITB	
Helen Morgan	Coleg Gwent	
Hilary Aldridge	Coleg Gwent	
Iwan Williams	Gofal Cymdeithasol Cymru / Social Care Wales	
Jackie Gapper	Estyn	
Jacqueline Jones	Coleg Sir Benfro / Pembrokeshire College	
James Donaldson	Coleg Caerdydd a'r Fro / Cardiff and Vale College	
Jassa Scott	Estyn	
Jihane Rodriguez	People Plus	
Joe Baldwin	Coleg Penybont / Bridgend College	
John Finch		
Judith Mulry	Y Coleg Merthyr Tudful / The College Merthyr Tydfil	
Julie Dyer	Do It Profiler	
Karen Roberts	Amser i Newid Cymru / Time to Change Wales	
Kathryn Robson	Addysg Oedolion Cymru / Adult Learning Wales	

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Kieron Rees	Prifysgolion Cymru / Universities Wales	
Leanne Waring	Coleg Caerdydd a'r Fro / Cardiff and Vale College	
Liz Hargest	GIG Cymru / NHS Wales	
Maria Johnson	Coleg Gwent	
Marian Jebb	Llywodraeth Cymru / Welsh Government	
Mark Dacey	Grŵp Colegau NPTC Group of College	
Meinir Lewis	Coleg Ceredigion	
Nick Byrne	Coleg Ceredigion	
Phil Boshier	Cynulliad Cenedlaethol Cymru / National Assembly for Wales	
Rebecca Taylor	Prifysgolion Cymru / Universities Wales	
Ryan Stokes	CCAUC / HEFCW	
Sam Owen	Grŵp Colegau NPTC Group of College	
Samantha Gunnarsson	Coleg Penybont / Bridgend College	
Sarah Harris	CBAC / WJEC	
Sharon Cook	JISC	
Sharon James	Coleg Caerdydd a'r Fro / Cardiff and Vale College	
Sian Hughes	Llywodraeth Cymru / Welsh Government	
Sian Jones	Grŵp Colegau NPTC Group of College	
Simon Pirotte	Coleg Penybont / Bridgend College	
Steve Kelshaw	Coleg Sir Gar	
Victoria English	Coleg Gwent	
Nia Brodrick	ColegauCymru	
Iestyn Davies	ColegauCymru	
Claire Roberts	ColegauCymru	
Rachel Bowen	ColegauCymru	
Amy Evans	ColegauCymru	

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Colegau Cymru – Cross Party Group Meeting

Mental Health in Colleges

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Discussion points

- How can FE link with health services? Can we use colleges as a space for mental health practitioners to come in and speak with learners? Colleges are community hubs.
- Estyn are doing thematic work in schools, secondary schools have questionnaires which result in evidence based statistics – is there a scope to deliver this in FE?
- Pathways through education are needed for those that suffer with their mental health. There needs to be continuity in the service young people receive. This service varies depending on institution/drive/attitudes of the people leading
- An FE staff and student questionnaire needs more momentum behind it to gain the best results.
- Adult learners present with different issues, any strategy needs to have a holistic approach on focussing on different issues.
- Staff have a very full workload already – they need more time with learners.
- Generational changes and increased access to technology effecting mental health and young people
- Curriculum advancements – challenges
- Learner and staff wellbeing at the core of a successful college
- Everyone has mental health just as everyone has an arm or a leg which can break
- Funding to FE is not keeping pace with a level of demand for mental health services in FE

Welsh Government Funding

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FEIs were invited to send applications for up to £11,400 funding for mental health provision from now until the end of July 2019.

There are a total of 7 projects:

- Individual projects for Bridgend, CAVC, St Davids College, Gwent, Adult Learning Wales
- A joint project between Grŵp Llandrillo Menai and Coleg Cambria
- A group collaboration led by Pembrokeshire College involving NPTC, Merthyr, Coleg y Cymoedd, Gower College Swansea and Coleg Sir Gâr

These bids include a mix of online tools, physical calm kits, staff training provision, wellbeing hubs, modules for students, toolkits and pocket guides.

We will hold a campaign to raise awareness of Mental Health Week in colleges on 13-19 May with a focus on FE establishments on Friday the 17th of May.

Colleges are committed to a whole organisation approach to mental health and this Welsh Government funding is an opportunity to innovate and share best practice regionally and nationally. We look forward to the outcomes of the projects which will be shared in due course

Next steps

- Follow up with HEFCW and Estyn
- Report back on college Welsh Government funded mental health projects ending in July – follow up in Autumn term